# 2025 Natural, Organic, Plant-Based, Keto, & Gluten Free Food & Beverage Session

## Agenda

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| **Monday, October 6, 2025** | | |
| Arrivals and Check-In | 10:00 AM | 6:00 PM |
| Redefining Consumer Choices: The Impact of GLP-1 Medications on Food, Beverage, and Lifestyle | 4:00 PM | 5:00 PM |
| Roundtables | 5:00 PM | 5:45 PM |
| Cocktail & Tasting Reception | 5:45 PM | 6:45 PM |
| Cocktails | 06:00 PM | 07:00 PM |
| **Tuesday, October 7, 2025** | | |
| Breakfast | 6:45AM | 8:45AM |
| Vitacost Meet & Greet | 8:00 AM | 8:30 AM |
| Meetings | 8:00 AM | 12:00 PM |
| Lunch | 11:30AM | 1:00PM |
| Meetings | 12:40 PM | 5:00 PM |
| Roundtables | 5:30 PM | 6:30 PM |
| Cocktails | 6:30 PM | 7:00 PM |
| Dinner | 7:00 PM | 10:00 PM |
| **Wednesday, October 8, 2025** | | |
| Breakfast | 6:45AM | 8:45AM |

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| Meetings | 8:00 AM | 12:00 PM |
| Lunch | 11:30AM | 1:00PM |
| Meetings | 12:40 PM | 5:00 PM |