

## 2024 Weight Management, Nutrition, and Vitamin Session

### Agenda

|                                       |          |          |
|---------------------------------------|----------|----------|
| <b>Monday, February 26, 2024</b>      |          |          |
| Arrivals & Registration               | 9:00 AM  | 3:00 PM  |
| Meetings                              | 3:00PM   | 5:20PM   |
| Cocktails                             | 6:00 PM  | 7:00 PM  |
| <b>Tuesday, February 27, 2024</b>     |          |          |
| Breakfast                             | 6:45AM   | 8:45AM   |
| What's Next in Wellness - Monte Vista | 8:00 AM  | 8:40 AM  |
| Meetings                              | 8:00 AM  | 12:00 PM |
| Lunch                                 | 11:30AM  | 1:00PM   |
| Meetings                              | 12:40 PM | 5:00 PM  |
| Buyers' Choice Awards                 | 6:30 PM  | 7:00 PM  |
| Cocktails                             | 6:30 PM  | 9:30PM   |
| Dinner                                | 7:00 PM  | 9:00PM   |
| <b>Wednesday, February 28, 2024</b>   |          |          |
| Breakfast                             | 6:45AM   | 8:45AM   |
| Meetings                              | 8:00 AM  | 12:00 PM |
| Lunch                                 | 11:30AM  | 1:00PM   |
| Meetings                              | 1:00PM   | 3:00PM   |