



nielsen

UPPER RESPIRATORY & PAIN RELIEF

ECRM[®]

February 2017

AGENDA

- U.S. Retail Hot Buttons
- Driving Growth
- The Increasing Importance of Health & Wellness
- Health & Wellness Drivers
- Category Performance
 - Pain Relief
 - Cough & Cold
 - Allergy
 - Other Upper Respiratory & Pain Relief
- Key Takeaways



U.S. RETAIL HOT BUTTONS

Bricks & Mortar

- Student debt crushes potential for retail growth
- Price wars grip major US players
- Sprouts confirms expansion to FL & NC
- Target to open hundreds of small flex-format stores
- Walgreens launches club for Beauty Enthusiasts
- Bass Pro Shops will acquire Cabela's
- Toys 'R' Us Tests New, Smaller, Experiential Format
- Whole Foods will launch a rewards program
- Dollar General unveils smaller, convenient urban format

Store Brands

- Save-A-Lot relaunches America's Choice line

Health & Wellness

- Raley's launches new health initiative
- What you should know about SmartLabel
- Could SmartLabel help restore consumer loyalty?

Mergers, Acquisitions, Store Closings

- Couche-Tard agrees to buy CST Brands for almost \$4 billion
- Walgreens (WBA) to divest 500 to 1000 stores to close Rite Aid deal & won't be finalized until 2017
- Unilever in talks to acquire Honest Company
- Unilever CEO discloses how the Seventh Generation deal went down
- Kmart is closing another 64 stores
- SUPERVALU announces sale of SAVE-A-LOT

Digital Retailing

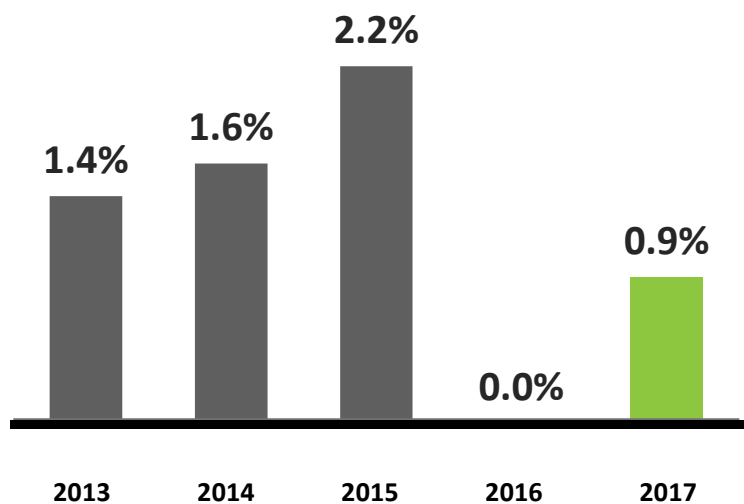
- Domino's will be delivering pizza using drones by the end of the year
- Meijer partnered with Shipt to provide 1-hour delivery in SE Michigan
- E-commerce is a boon for rural America, but it comes with a price
- P&G experimenting with loyalty programs & delivery: Tide Wash Club in Atlanta & Tide Spin in Chicago
- IGA rolled out an online grocery shopping site called *IGA GO*
- CVS Health delays curbside service launch
- FreshDirect to expand one-hour grocery delivery service
- Wal-Mart's next move against Amazon: More warehouses, faster shipping
- Walmart tests dispensing machine for in-store pickup
- PetSmart.com, Deliv bring same-day, scheduled delivery to 17 U.S. Metro Areas
- Amazon:
 - debuts a hub for researching & reviewing cars
 - to deliver tailgate supplies to San Francisco 49ers parking lot spots
 - will add 30 pop-up stores by end of 2016; expand to 100 in 2017
 - Echo owners spend more on Amazon
 - Prime's membership is eating into Costco and Sam's Club's territory
 - grabs 55 percent of consumers' first product search
 - will give you \$1M if your AI can chitchat for 20 minutes
 - Prime Lockers popping up in 7-Elevens, Circle Ks & Safeways
 - bans most incentivized reviews from site
 - wants to launch 1-hour beer & wine deliveries in Cincinnati
 - expands Dash ordering wand to entire catalog
 - believes groceries will continue to play an important role going forward



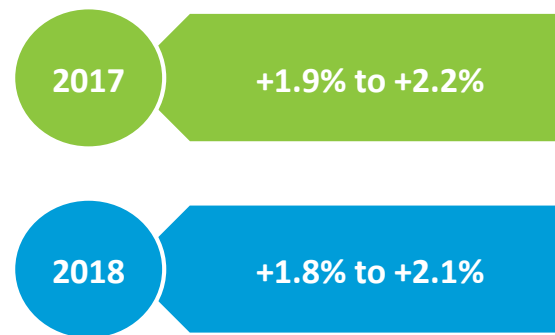
NEWS

SLOW GROWTH IS EXPECTED TO CONTINUE

total store sales growth
by year



U.S. Federal Reserve GDP forecast



Source: Nielsen Scantrack syndicated data across 5 departments with sales over \$500 billion annually: Alcohol, Dairy, Dry Grocery, Health and Beauty and Non-Food Grocery
Economic Projections of Federal Reserve Board Members and Federal Reserve Bank Presidents, Change in Real GDP - Central Tendency released on 6/15/2016;

DRIVING GROWTH IN DYNAMIC TIMES



**Staying connected
with winning
retailers &
categories**



**Engaging in
digital retailing &
digital shopping**



**Winning the trip
through precision
marketing & sales
focused against
shoppers that
matter**



**Driving the
health & wellness
growth wave**



**Winning the
occasion**



FINDING GROWTH IN CHALLENGING TIMES: THE INCREASING IMPORTANCE OF H&W

AMERICANS ARE MORE FOCUSED ON HEALTH & WELLNESS

U.S. consumers:



49% are
consciously
eating more
fruits and
vegetables



85% have
seen a doctor
at least once



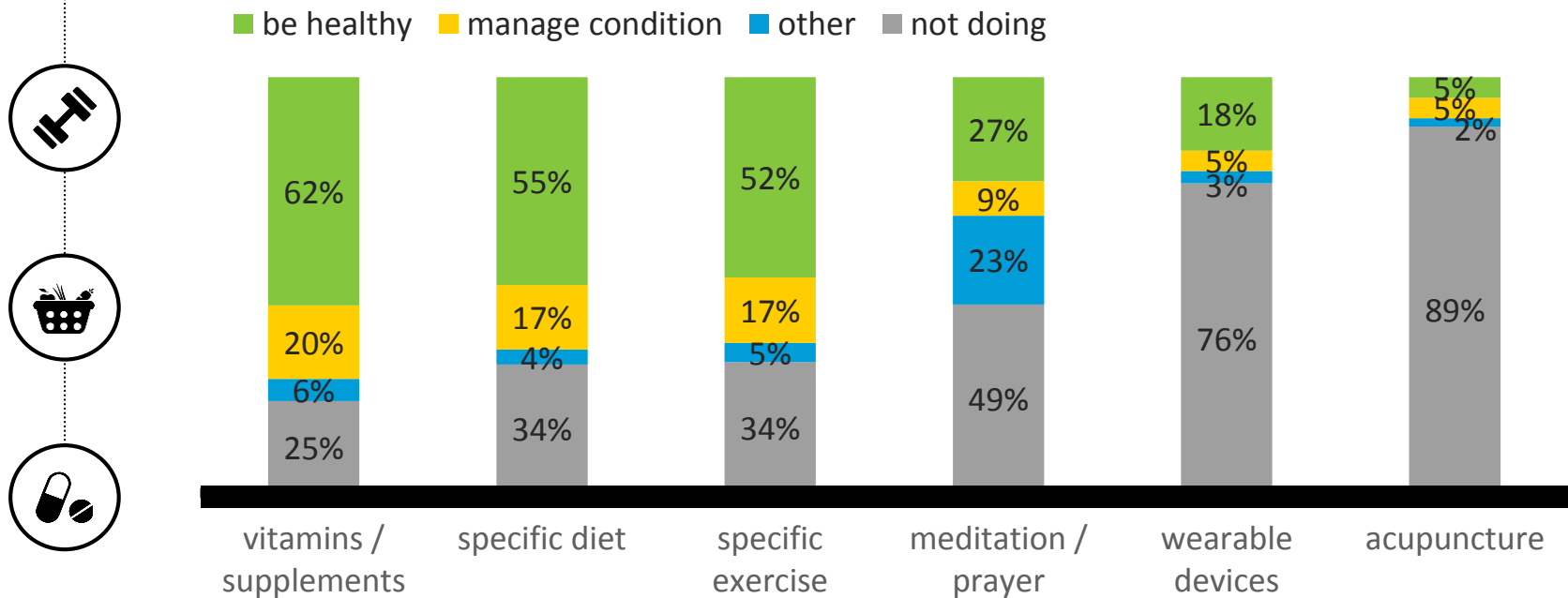
63% are
trying to
eat healthier



Exercise, on
average, 3
days a week

CONSUMERS ARE PROACTIVELY MANAGING THEIR HEALTH, AS WELL AS ADDRESSING EXISTING HEALTH ISSUES

Actions taken to manage health



Source: Nielsen Strategic Health Perspectives, 2016

HEALTH & WELLNESS DRIVERS



AGING POPULATION

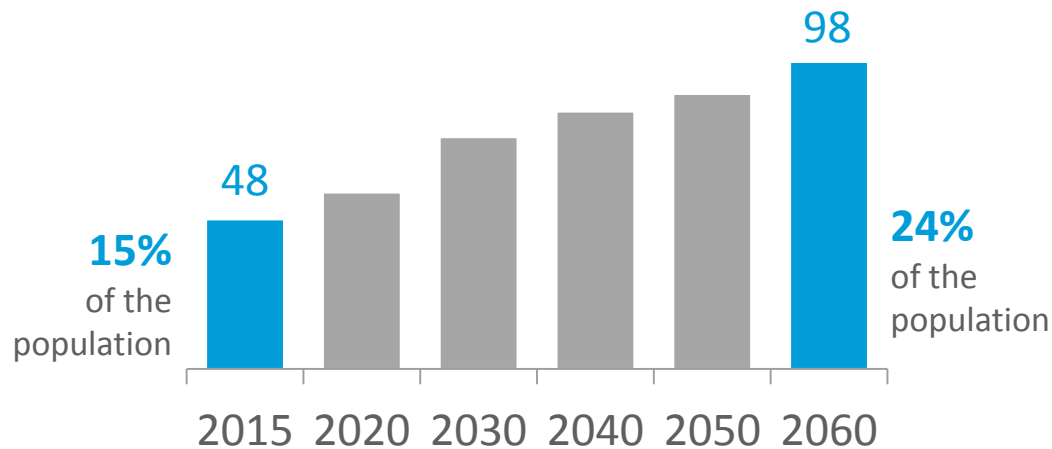




THE U.S. POPULATION IS AGING

Americans over 65 will make up almost a quarter of the population by 2060

Americans > 65 years old (millions)



19 million American over the age of 85 by 2050, up from 6.3 million in 2015

This is a global trend.



In 2050, >65 will be 16% of the global population. Compared to 8% in 2010.



THE AGING SHOPPER PRESENTS AN OPPORTUNITY FOR CPG AND RETAIL

Through OTC products or through the right food ingredients, there is opportunity



HEALTHCARE CATEGORIES

BOOMERS

NUTRITIONAL DIET AIDS

PAIN REMEDIES

DIURETIC REMEDIES

SLEEPING AIDS

THROAT LOZENGES



KEY INGREDIENTS

BOOMERS SEEKING MORE:



FIBER



HEART HEALTHY



VITAMINS /
MINERALS



ANTIOXIDANTS



INNOVATION

Functional foods

Easier to open packaging

Easier to read labels

Age specific formulations

Senior focused healthcare services

HEALTH & WELLNESS DRIVERS



AGING POPULATION

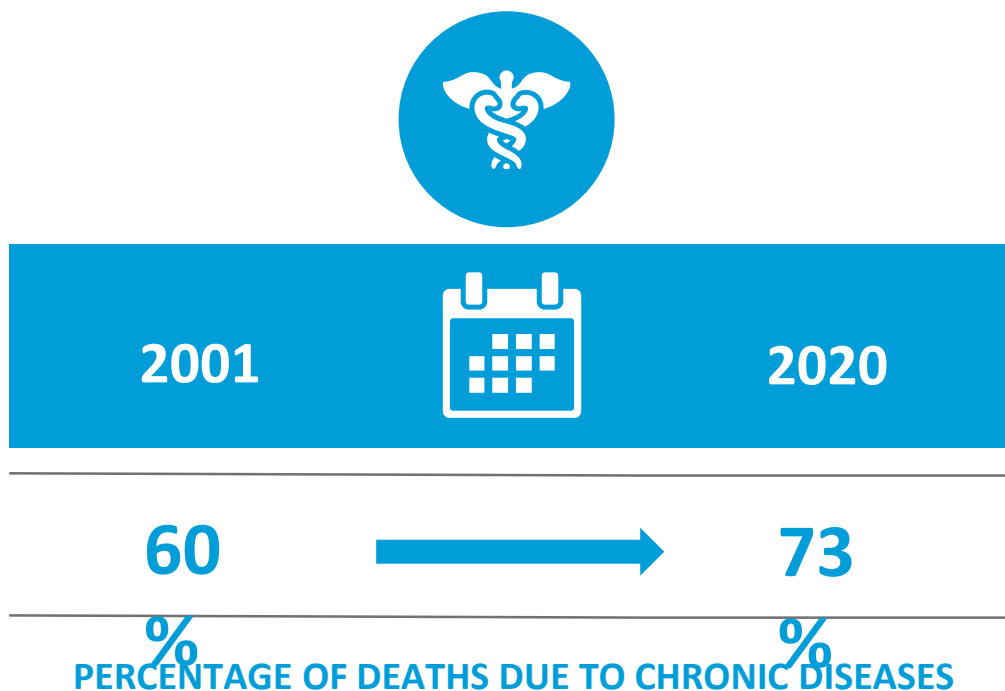


INCREASE IN CHRONIC DISEASES



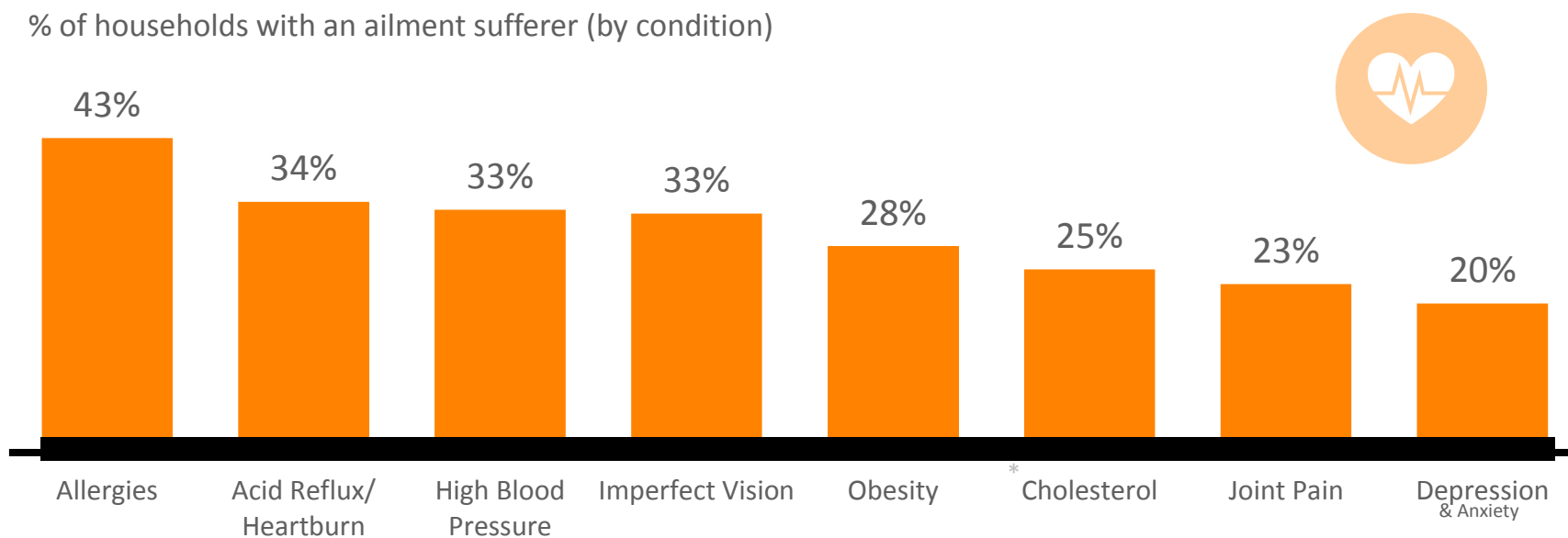


AILMENTS WILL CONTINUE TO RISE AS THE POPULATION AGES



TODAY, ALMOST 4 IN 10 HOUSEHOLDS SUFFER FROM AN AILMENT

% of households with an ailment sufferer (by condition)



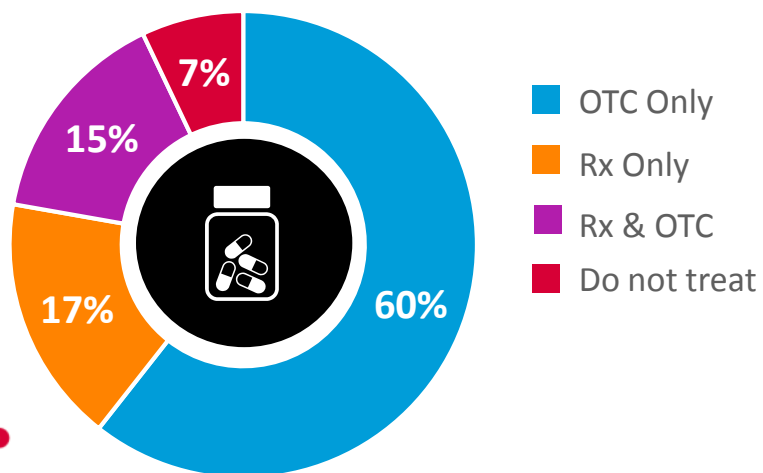
Source: Nielsen Homescan Shopper Ailment Panel and TSV Panel, Data 52 Weeks Ending 06/11/2016

UNDERSTAND HOW CONSUMERS USE MEDICINE AND WHAT INFLUENCES THEIR BEHAVIOR

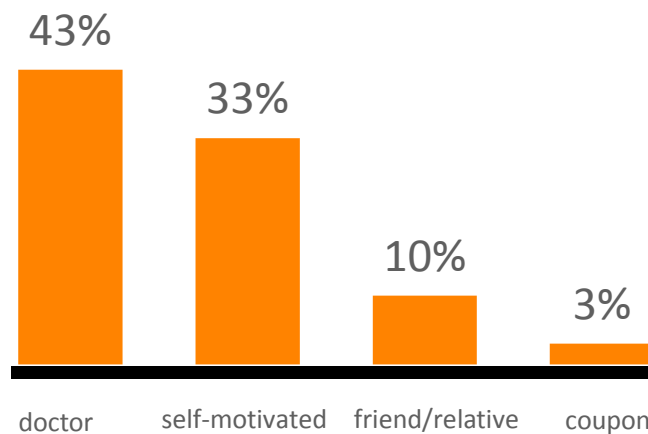


Three-quarters of allergy sufferers purchase OTC for their allergies, but doctor has influence on the process

Allergy sufferer treatment method



Influencer of allergy treatment method



* Not additive

HEALTH & WELLNESS DRIVERS



AGING POPULATION



INCREASE IN CHRONIC DISEASES



RISING HEALTHCARE COSTS

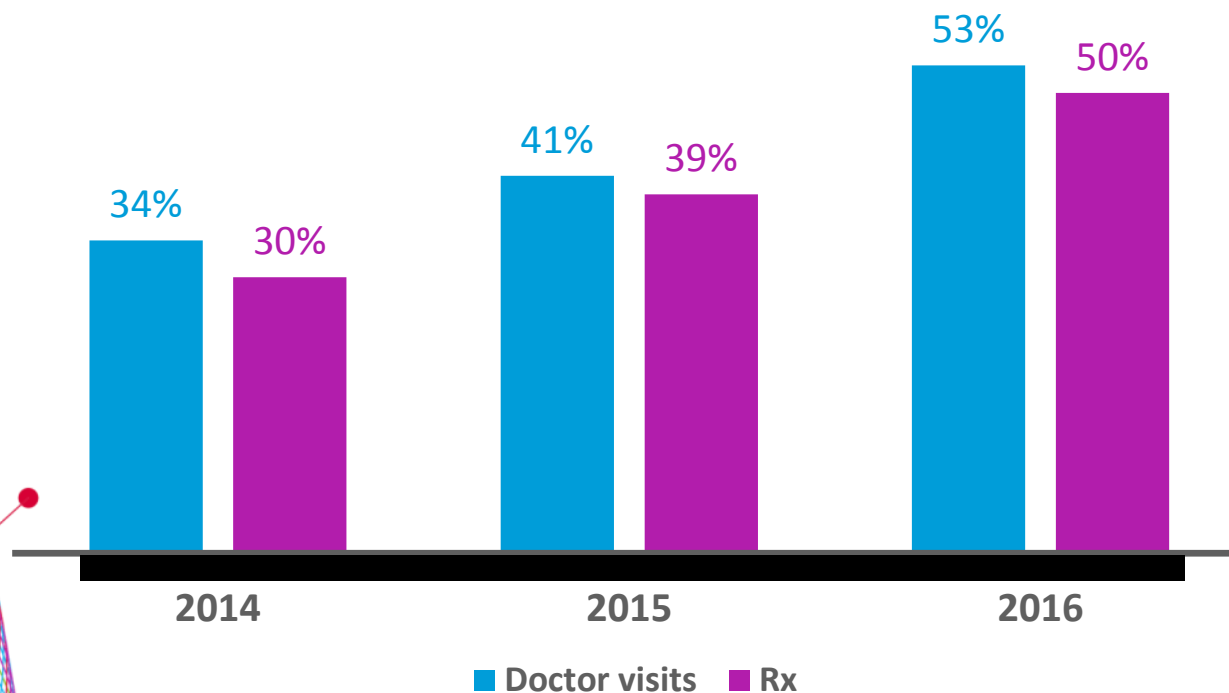




CONSUMERS INCREASINGLY FEELING THE PINCH OF RISING HEALTHCARE COSTS

In 2016, at least half say that their out-of-pocket costs for doctor visits and Rx have gone up vs last year

% of consumers who said that their out-of-pocket costs for healthcare increased vs the previous year



43% of US Adults said that if they could fix one thing, it would be to reduce their out-of-pocket healthcare costs

Source: Strategic Health Perspectives

Base: Currently Insured (2010 n=2237, 2012 n=1703, 2013 n=2258, 2014 n=2216, 2015 n=4664, 2016 n=27775)

Source: Q615 In the past year has the amount you pay each time you see a doctor . . . ?

Source: Q620 In the past year has the amount you pay each time you fill a prescription . . . ?

Source Q60. If you could improve one, which would you choose

CONSUMERS ARE MAKING HEALTHCARE RELATED TRADEOFF

Looking for alternative medications, stretching doses are some of the ways that consumers are looking to offset costs

**Asked doctor/pharmacist
about a less expensive
alternative prescription**

27%



**Took a prescription
less often than
recommended**

21%



**Took an OTC medication
before starting a
recommended
medication**

20%

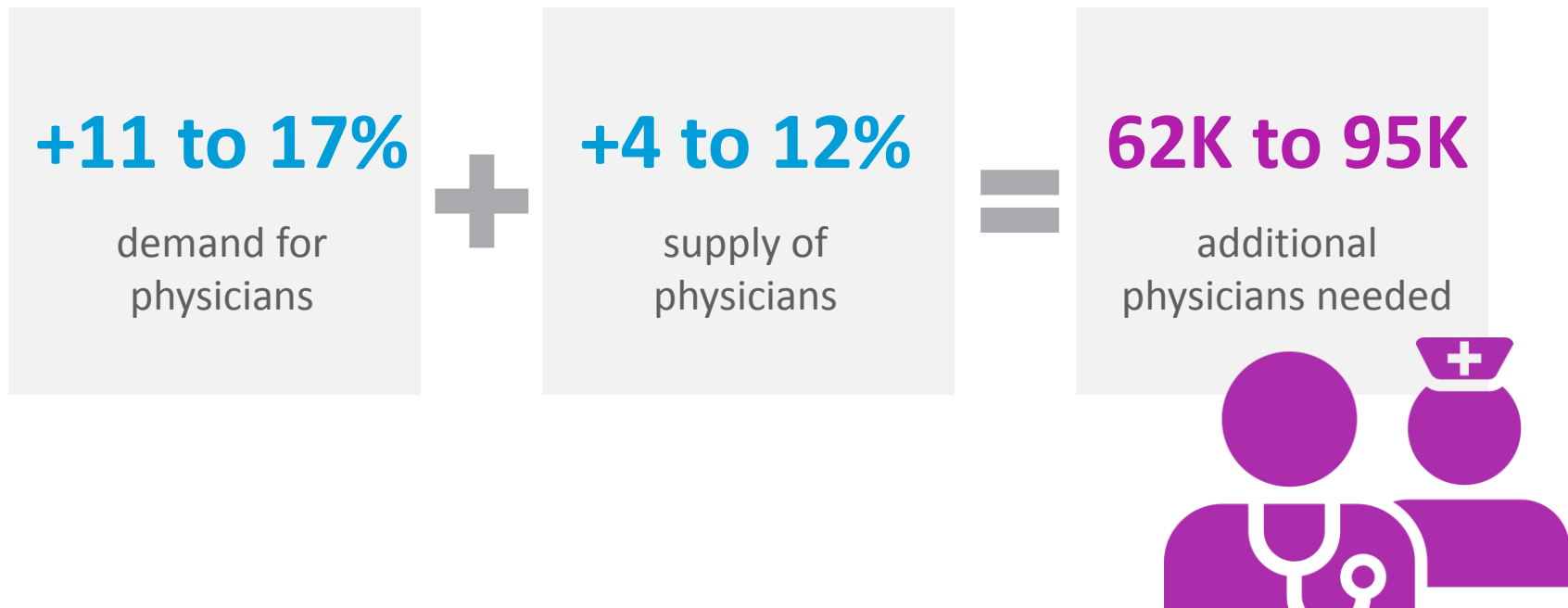


Source: Nielsen Strategic Health Perspectives, 2016

Q: What are you doing to help your customers make the right health decisions when their dollars are stretched?



OVER THE NEXT DECADE THERE IS PROJECTED TO BE A SHORTAGE OF PRIMARY CARE PRACTITIONERS





INCREASING HEALTHCARE COSTS AND FEWER DOCTORS... THE SOLUTION?

SELF-CARE



Consumers taking a
more proactive interest
in their own health &
wellness

HEALTHCARE PROFESSIONALS



Telemedicine &
Changing outcomes by
prescribing lifestyle change

RETAILERS



Retailers providing a
path to Health &
Wellness



RETAILERS ACROSS ALL CHANNELS ARE USING H&W AS A GROWTH STRATEGY

Examples of strategic initiatives in retail:



Prioritizing healthy foods and better-for-you brands in center store



Emphasizing fresh and perishable foods around the perimeter of the store



Training associates and using dieticians to be more knowledgeable on healthy products



Identifying key health categories to win in (i.e. Allergy, Vitamins)



Focusing on a specific ailment sufferer (i.e. Diabetics) or older shoppers



Increasing healthcare related services like retail clinics and pharmacies

HEALTH & WELLNESS DRIVERS



AGING POPULATION



INCREASE IN CHRONIC DISEASES



RISING HEALTHCARE COSTS



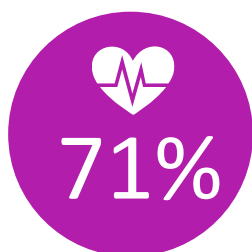
DEMAND FOR TRANSPARENCY



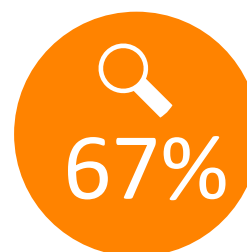
SHOPPERS ARE SEEKING SIMPLICITY, LESS IS MORE



Percent of North American Respondent Who Strongly Or Somewhat Agree With The Following Statements



I'M CONCERNED
ABOUT THE LONG
TERM HEALTH IMPACT
OF ARTIFICIAL
INGREDIENTS



I WANT TO KNOW
EVERYTHING THAT IS
GOING INTO MY FOOD



THE SHORTER THE
INGREDIENT LIST, THE
MORE HEALTHFUL THE
FOOD OR BEVERAGE



THE ABSENCE OF
UNDESIRABLE
INGREDIENTS IS MORE
IMPORTANT THAN THE
INCLUSION OF BENEFICIAL
ONES

HEALTH & WELLNESS DRIVERS



AGING POPULATION



INCREASE IN CHRONIC DISEASES



RISING HEALTHCARE COSTS



DEMAND FOR TRANSPARENCY



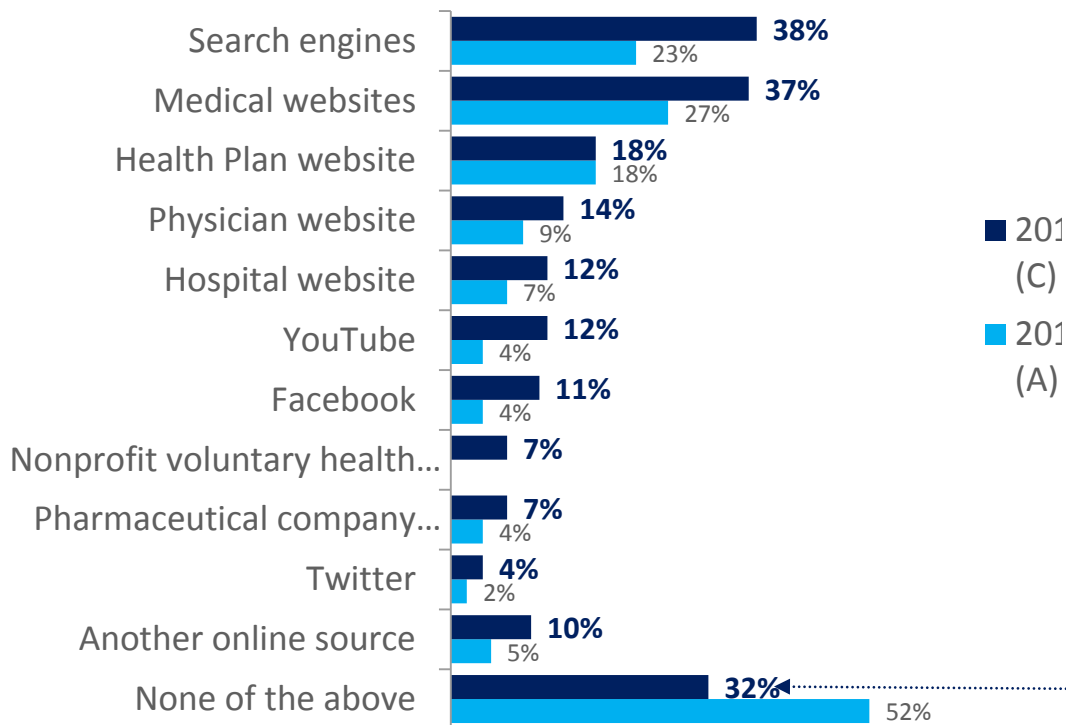
TECHNOLOGY ACCESS



DR. GOOGLE, DR. YOUTUBE, NURSE FACEBOOK

Consumers are quickly updating their healthcare information sources, in response to innovations in technology.

Sources of Healthcare Information



In 2016, 68% of consumers used an online source to find health related information. Compared to 48% in 2014.

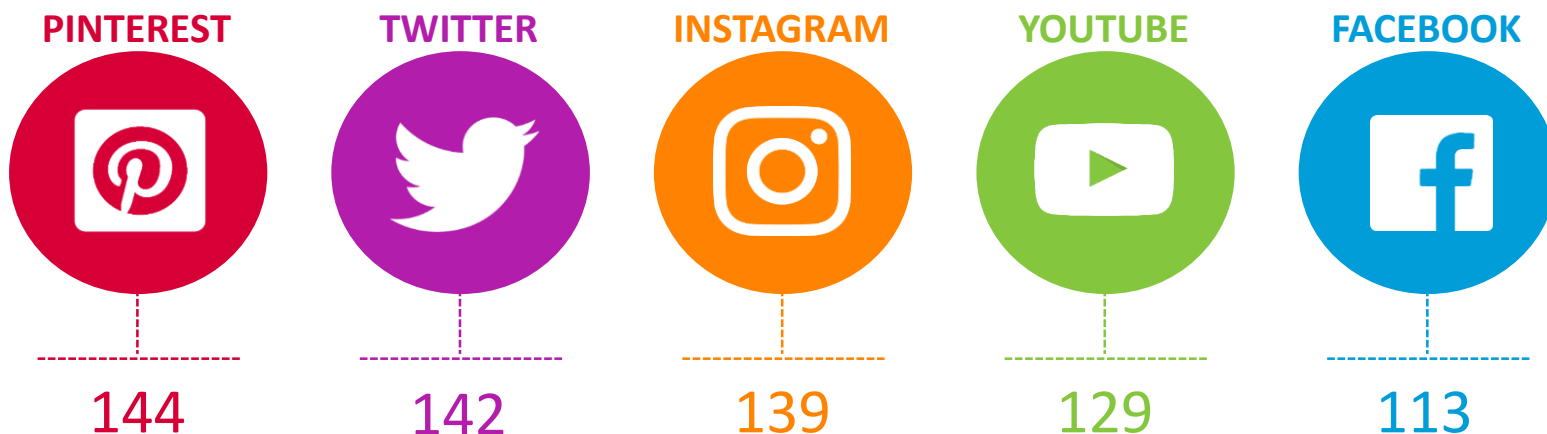
Source: Strategic Health Perspectives

Base: All US Adults (2014 n=2501, 2015 n=5014, 2016 n=10013 split sampled)

Source: Q805 In the past 12 months, have you used any of the following to gather information about your healthcare?

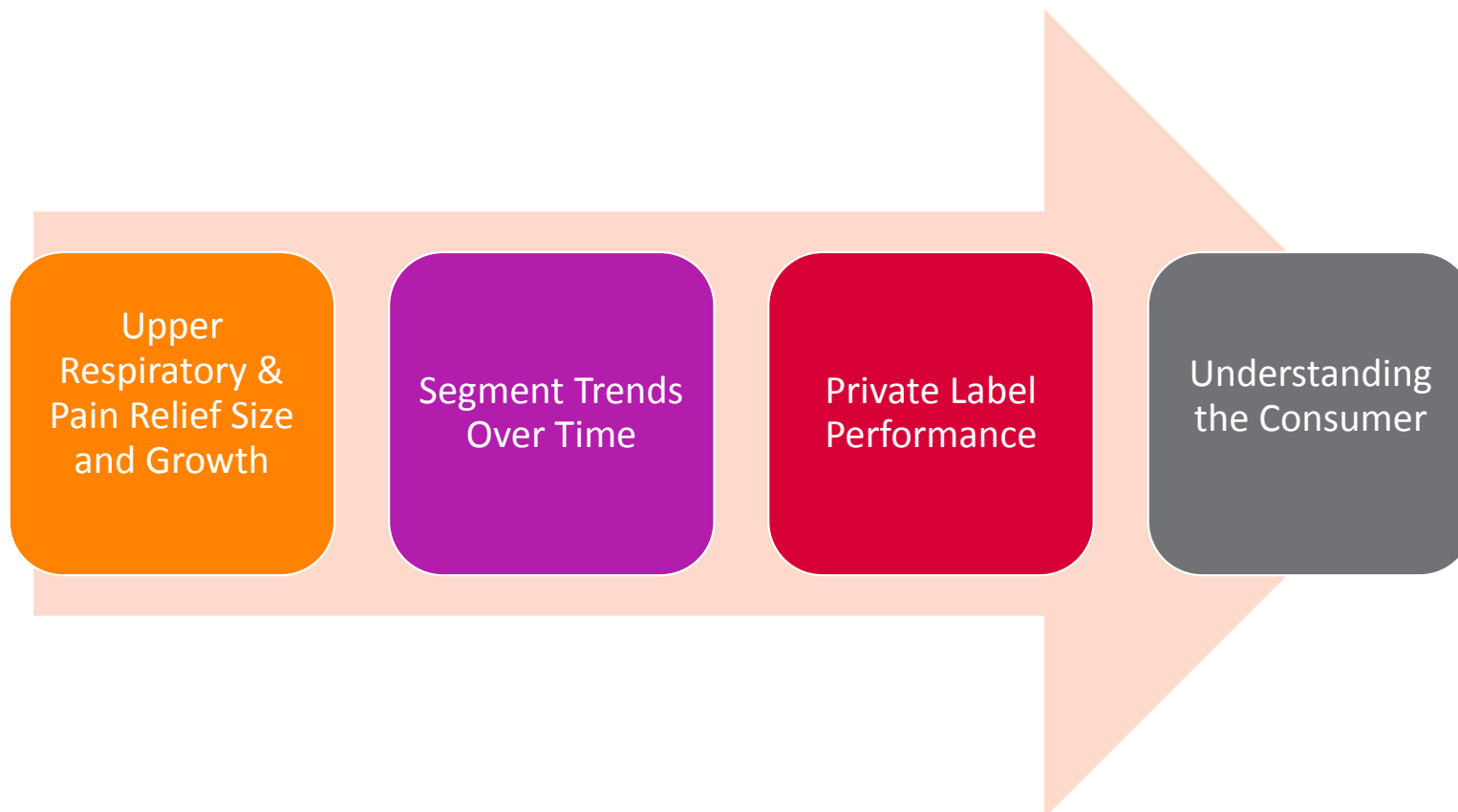
CONSUMER PLATFORMS INCREASING AND EXPANDING INFLUENCE

indexed platform usage by organic snack buyers



Source: Nielsen Scarborough USA+ 2016 Release 1 (Feb 2015 – Apr 2016)

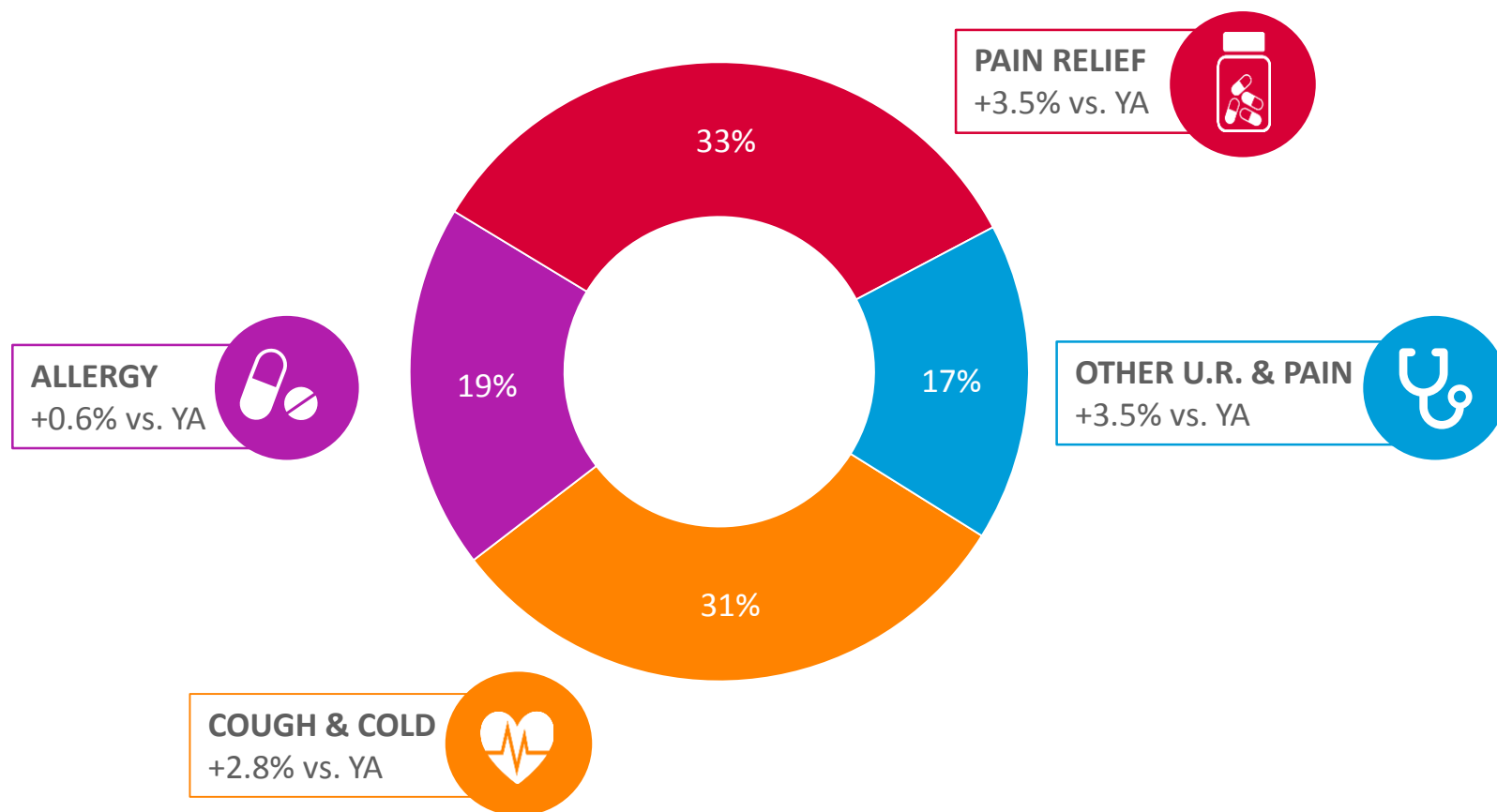
CATEGORY PERFORMANCE FRAMEWORK



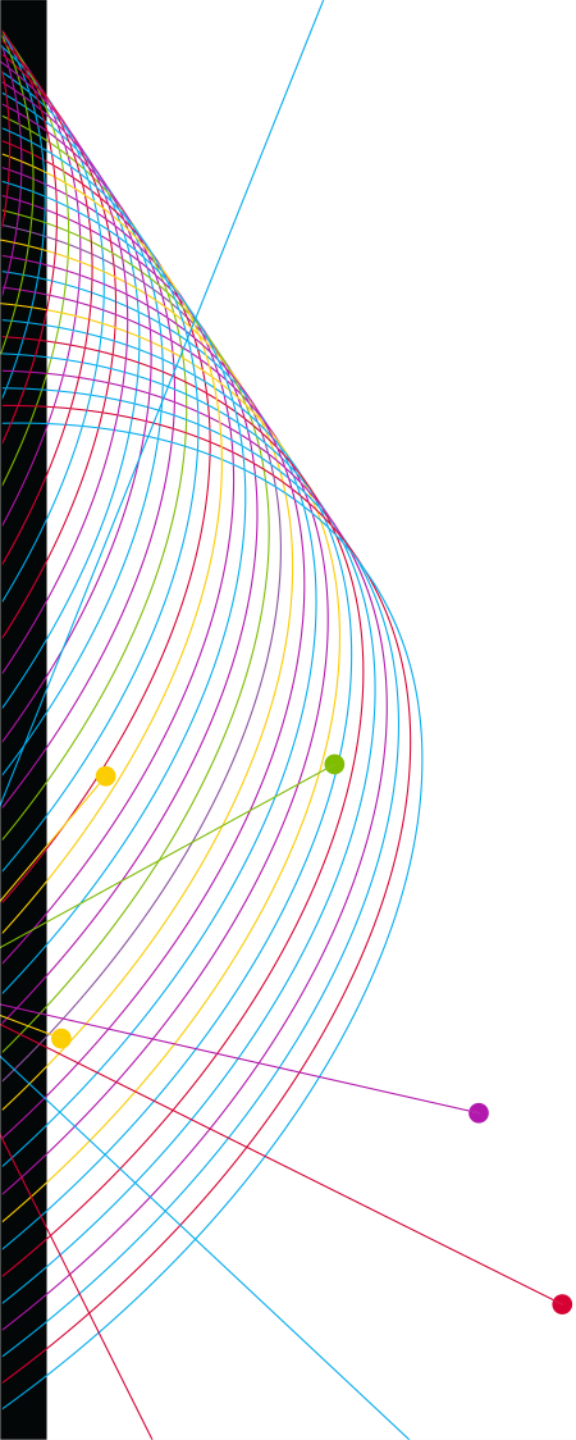
PAIN RELIEF LEADS WITH THE FASTEST GROWTH



UPPER RESPIRATORY AND PAIN RELIEF IS A \$13.7B BUSINESS (↑2.7%)

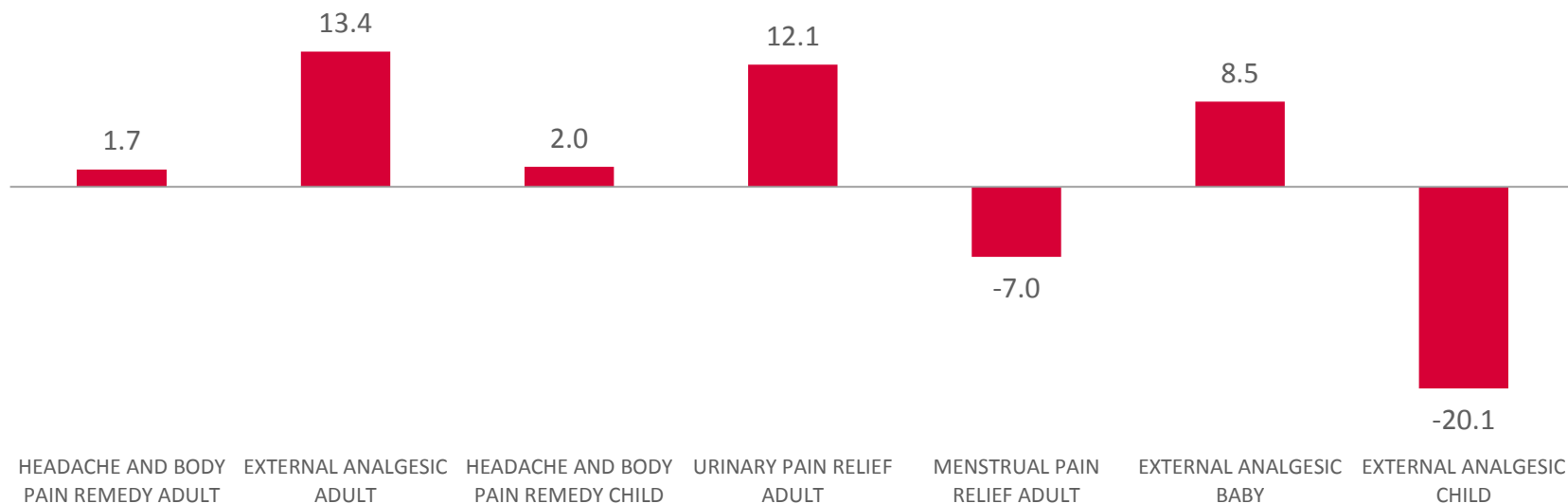


PAIN RELIEF

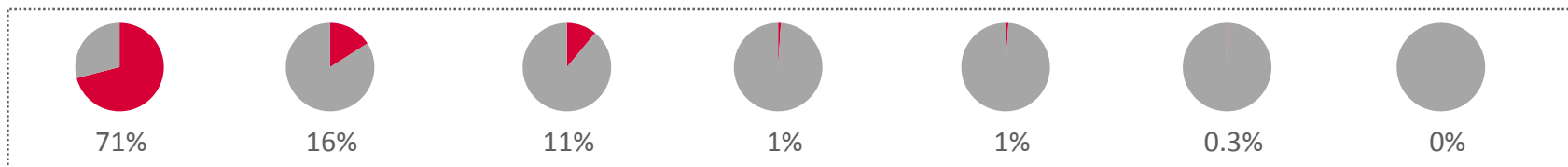


ADULT EXTERNAL ANALGESICS LEAD GROWTH

While Headache Remedy is the largest, the segment is flat vs YA

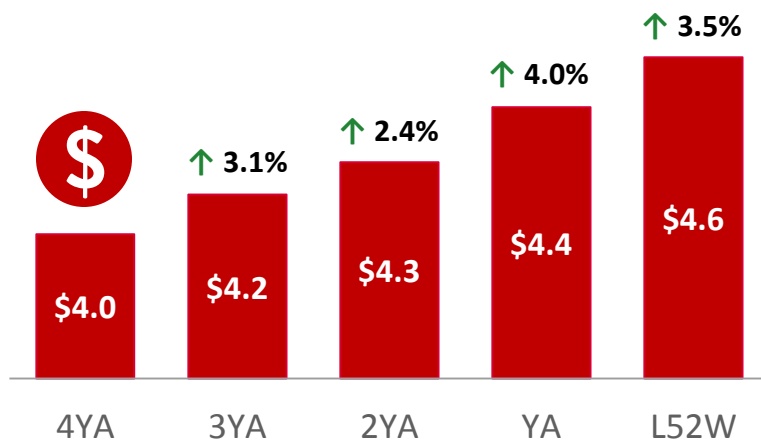


DOLLAR SHARE OF PAIN RELIEF:

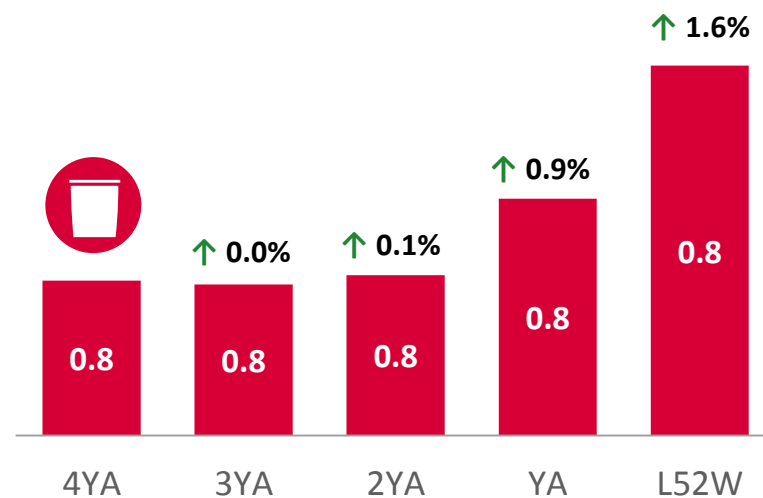


DOLLARS TREND UP FOR THE LAST FOUR YEARS

PAIN RELIEF DOLLARS (in Billions)



PAIN RELIEF UNITS (in Billions)

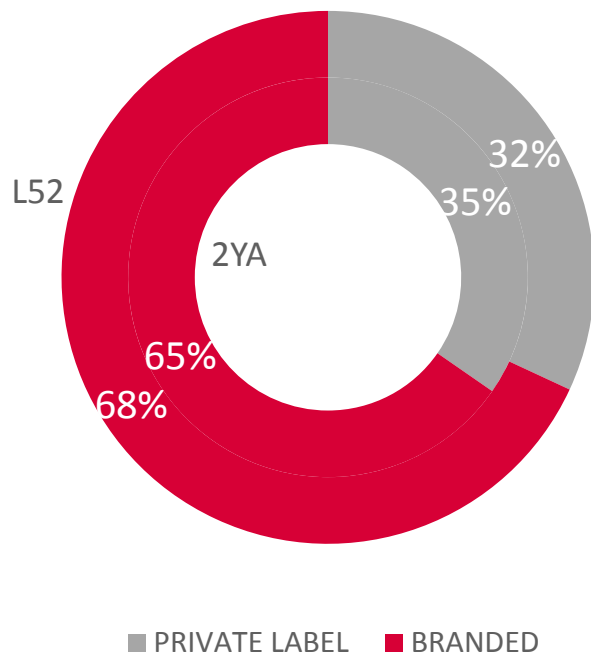


Note: "L52W" is Latest 52 Weeks of scanning sales

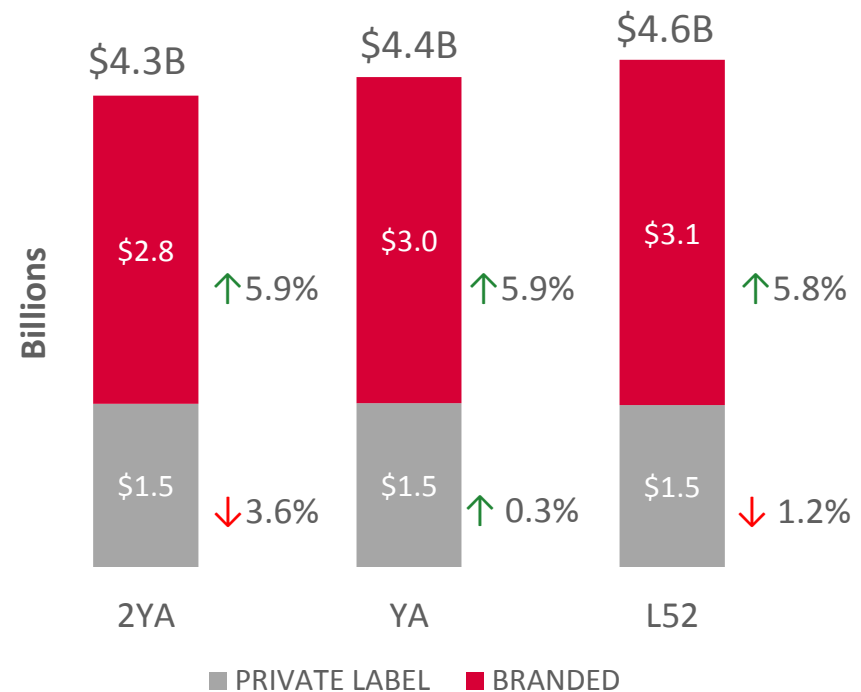
BRANDED ITEMS GROW YEAR OVER YEAR AND GAIN SHARE FROM PRIVATE LABEL



PAIN RELIEF DOLLAR SHARE



PAIN RELIEF DOLLAR SALES TRENDS



PAIN RELIEF CONSUMERS ARE MARRIED COUPLES WITH HIGHER INCOME

PAIN RELIEF CONSUMER DEMOGRAPHIC INDICES



INCOME:

- \$75,000 +(125)
- 45% of Volume



HOUSEHOLD COMPOSITION:

- Married w/o kids(123)
- 35% of Volume



SIZE OF HH:

- 2 Person HH (112)
- 36% of Volume



OCCUPATION:

- Non Civilian (90)
- 40% of Volume



NUMBER OF VEHICLES:

- Two (112)
- 42% of Volume

1.5MM NEW HOUSEHOLDS BUY PAIN RELIEF

Yet, buying habits haven't changes compared to YA

PAIN RELIEF - CONSUMER PURCHASING BEHAVIOR



PENETRATION

72.0% [+0.6%]
88M HHs* [+1.5M HHs]



BUYING RATE

\$25.40 [+\$0.78]
4.7 UNITS [0.0 UNITS]



PURCHASE FREQUENCY

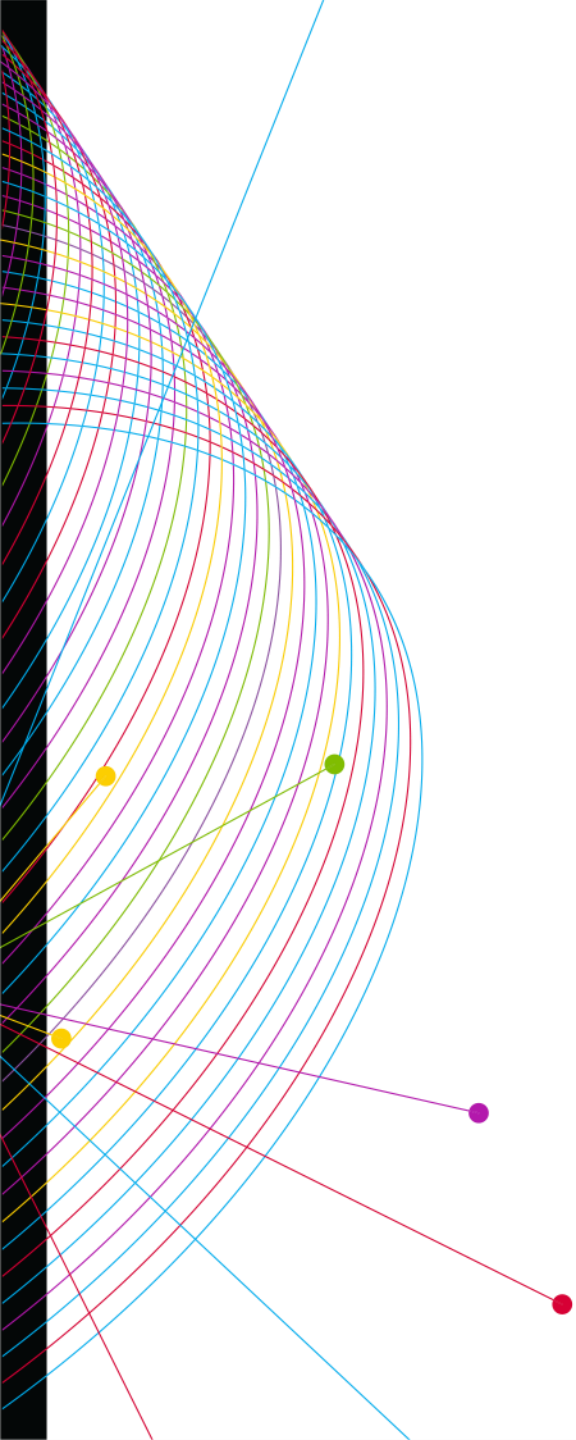
3.5 TRIPS [+0.1 TRIPS]



PURCHASE SIZE

\$7.23 [+\$0.10]
1.3 UNITS [0.0 UNITS]

COUGH AND COLD

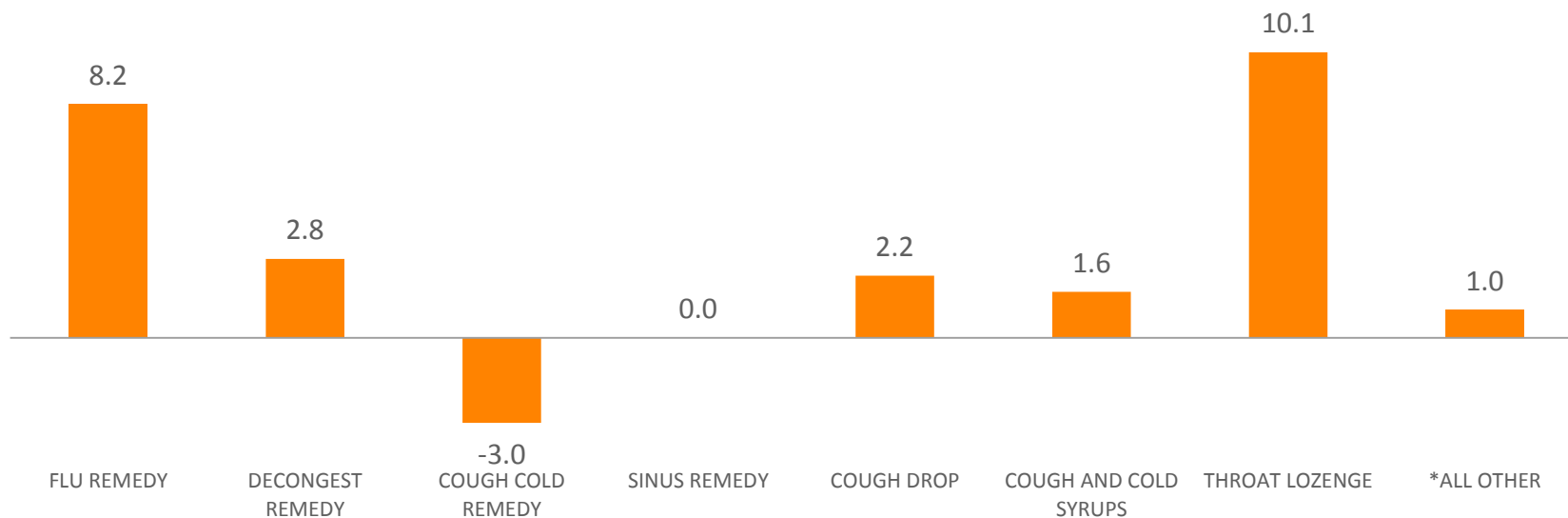


FLU REMEDY LEADS THE CATEGORY

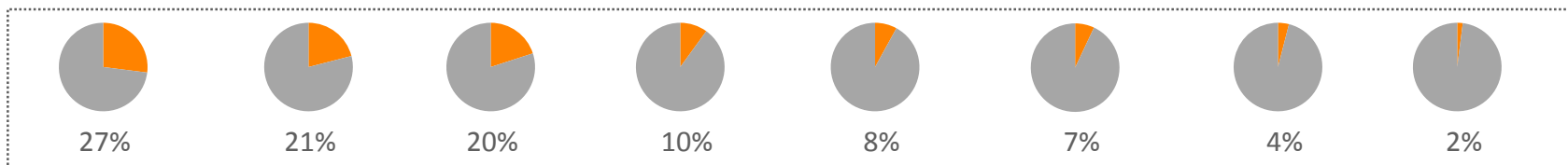
Almost all segments are growing vs YA



COUGH & COLD GROWTH & SHARE (\$4.2B, +2.8%)



DOLLAR SHARE OF COUGH & COLD:



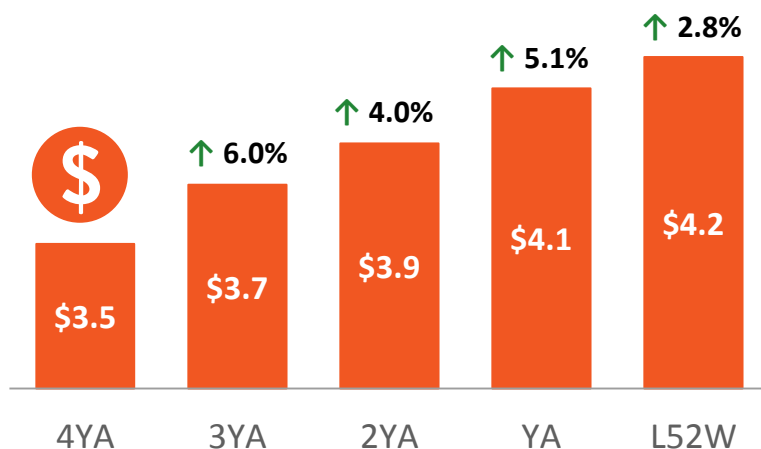
*All Other- Sore Throat, Cold Sinus Allergy Remedy Diabetic, and Diabetic Cough and Cold Syrup

Source: Answers on Demand Core, Total US xAOC Latest 52 Weeks Ending 12/31/2016, syndicated hierarchy

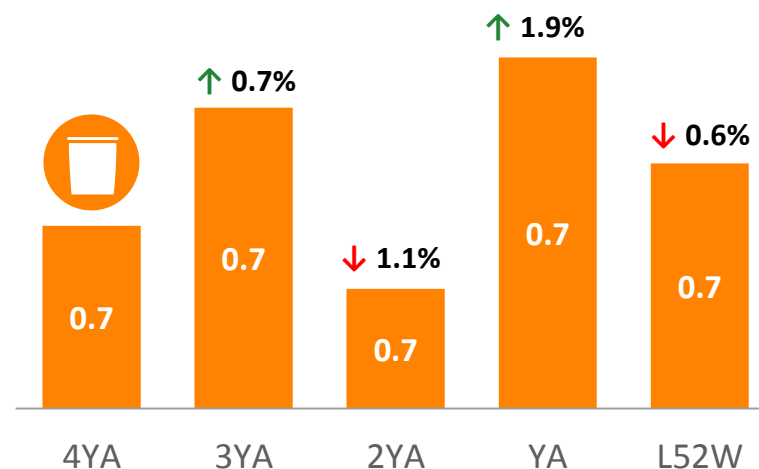
DOLLARS TRENDING UP FOR LAST 4 YEARS...

...while Unit volume is relatively flat

COUGH & COLD DOLLARS (in Billions)



COUGH & COLD UNITS (in Billions)

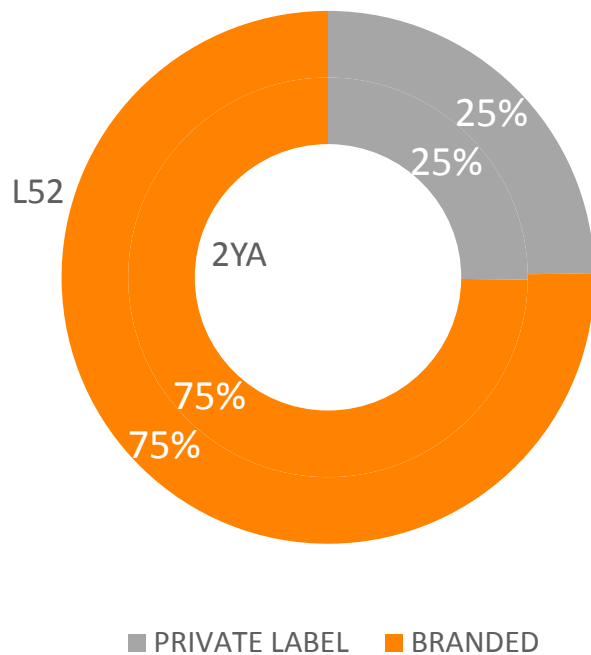


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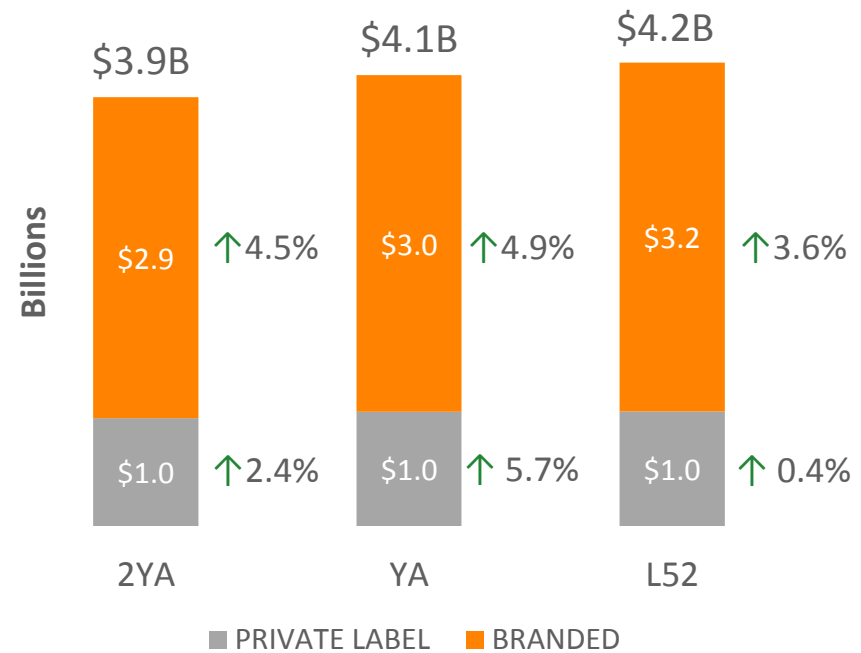
BRANDED ITEMS GROW YEAR OVER YEAR AND HOLD SHARE AGAINST PRIVATE LABEL



COUGH & COLD DOLLAR SHARE



COUGH & COLD DOLLAR SALES TRENDS



COUGH & COLD CONSUMERS ARE OLDER MARRIED COUPLES



COUGH & COLD CONSUMER DEMOGRAPHIC INDICES



AGE:

- 45-74 Years Old (115)
- 60% of Volume



HOUSEHOLD COMPOSITION:

- Married w/o kids(129)
- 36% of Volume



SIZE OF HH:

- 2 Person HH (117)
- 37% of Volume



RACE:

- White (109)
- 75% of Volume



NUMBER OF VEHICLES:

- Two (110)
- 40% of Volume

904K NEW HOUSEHOLDS BUY COUGH & COLD

Yet, buying habits haven't changed compared to YA

COUGH & COLD- CONSUMER PURCHASING BEHAVIOR



PENETRATION

62.4% [+0.2%]
76M HHs* [+904K HHs]



BUYING RATE

\$26.58 [+\$1.45]
5.0 UNITS [0.0 UNITS]



PURCHASE FREQUENCY

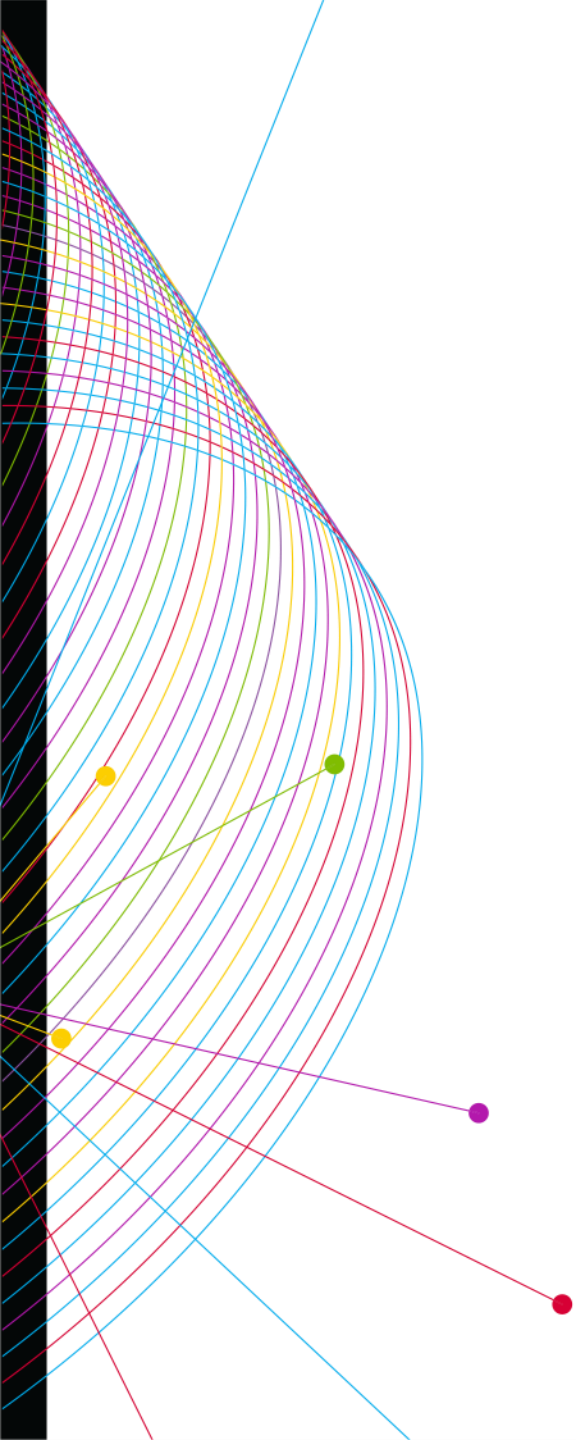
3.3 TRIPS [0.0 TRIPS]



PURCHASE SIZE

\$7.96 [+\$0.36]
1.5 UNITS [0.0 UNITS]

ALLERGY

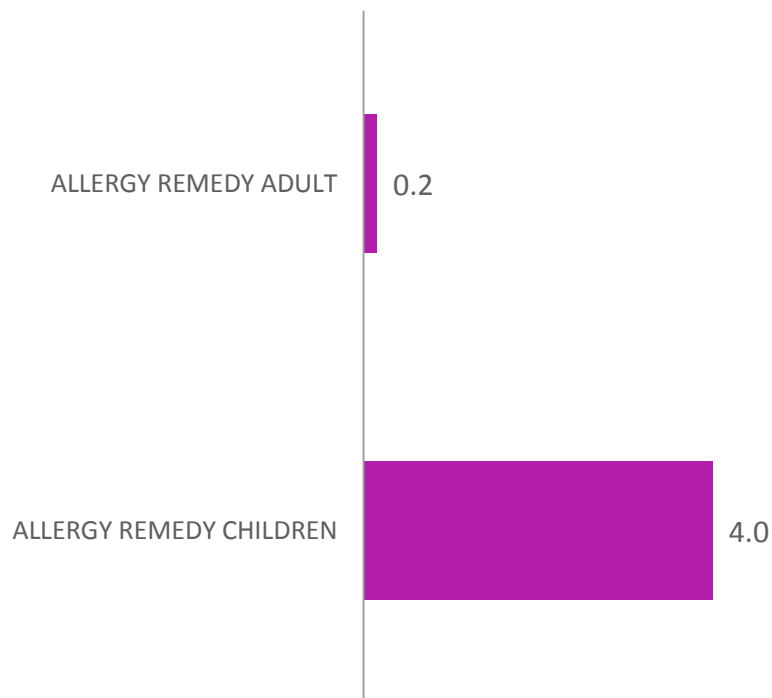


ADULT ALLERGY LEADS THE CATEGORY

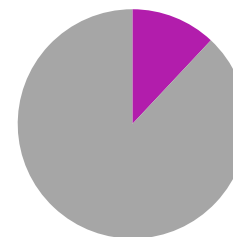
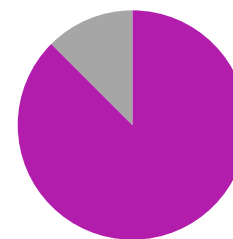
Yet, Children's Allergy grows at the fastest rate



ALLERGY GROWTH & SHARE (\$2.6B, +0.6%)



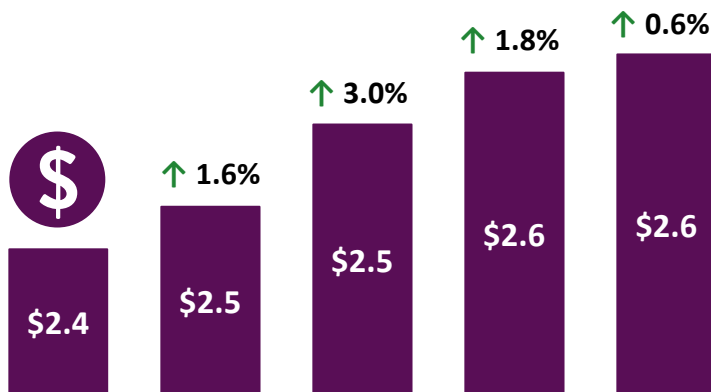
DOLLAR SHARE OF ALLERGY:



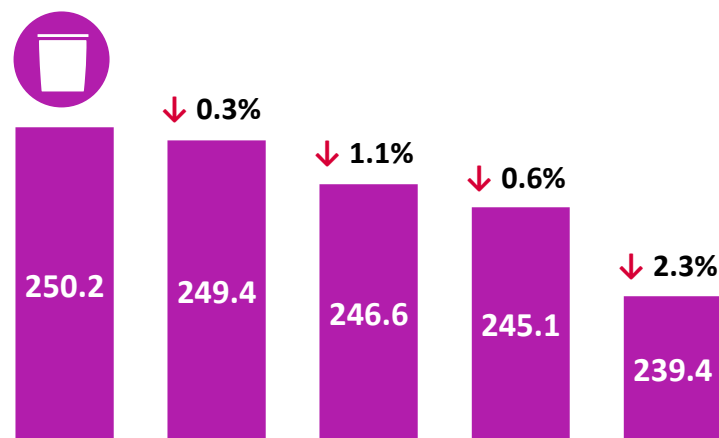
DOLLAR SALES CLIMB OVER TIME

Unit sales experience opposite trends over the last five years

DOLLARS (in Billions)



UNITS (in Millions)

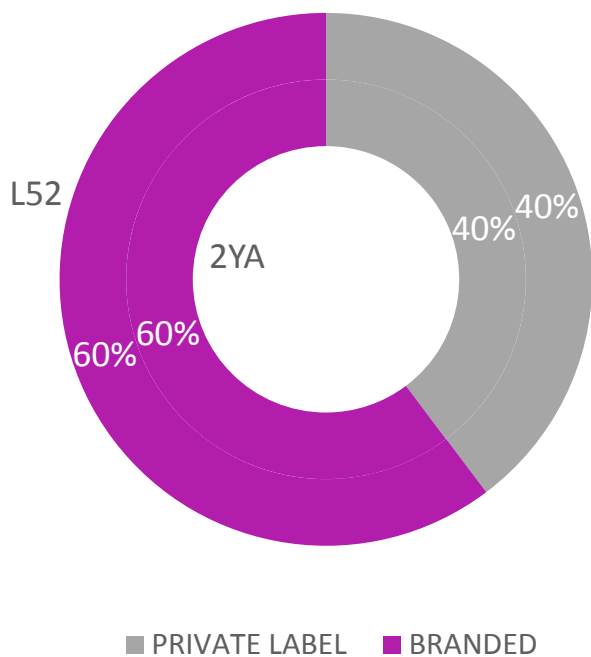


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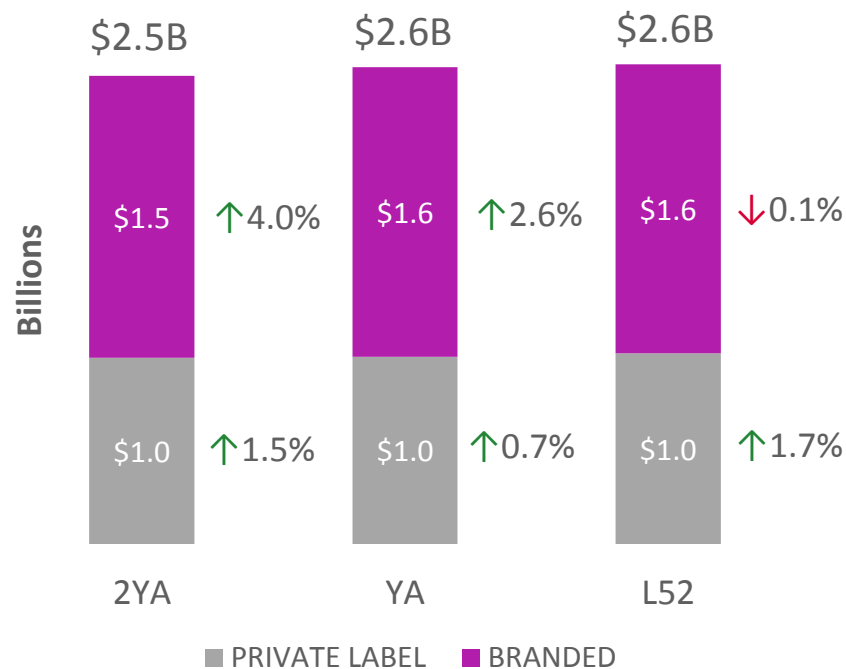
PRIVATE LABEL & BRANDED REMAIN RELATIVELY FLAT IN THE LATEST YEAR



ALLERGY DOLLAR SHARE



ALLERGY DOLLAR SALES TRENDS



ALLERGY CONSUMERS ARE MARRIED, HOME OWNERS WITH HIGH INCOME



ALLERGY CONSUMER DEMOGRAPHIC INDICES



INCOME:

- \$75,000+ (146)
- 53% of Volume



HOUSEHOLD COMPOSITION:

- Married Couples (127)
- 62% of Volume



HOUSING TENURE:

- Own (118)
- 77% of Volume



AGE OF HEAD OF HOUSEHOLD:

- Age 45+ (111)
- 71% of Volume



NUMBER OF PERSONS:

- 3-4 Person HH (115)
- 34% of Volume

103K NEW HOUSEHOLDS BY ALLERGY

Buying households spend more per buying occasion

ALLERGY- CONSUMER PURCHASING BEHAVIOR



PENETRATION

39.2% [-0.3%]
48,031 HHs* [+103 HHs]



BUYING RATE

\$34.93 [+\$0.72]
3.5 UNITS [+0.0 UNITS]



PURCHASE FREQUENCY

2.7 TRIPS [+0.0 TRIPS]



PURCHASE SIZE

\$12.97 [+\$0.25]
1.3 UNITS [+0.0 UNITS]



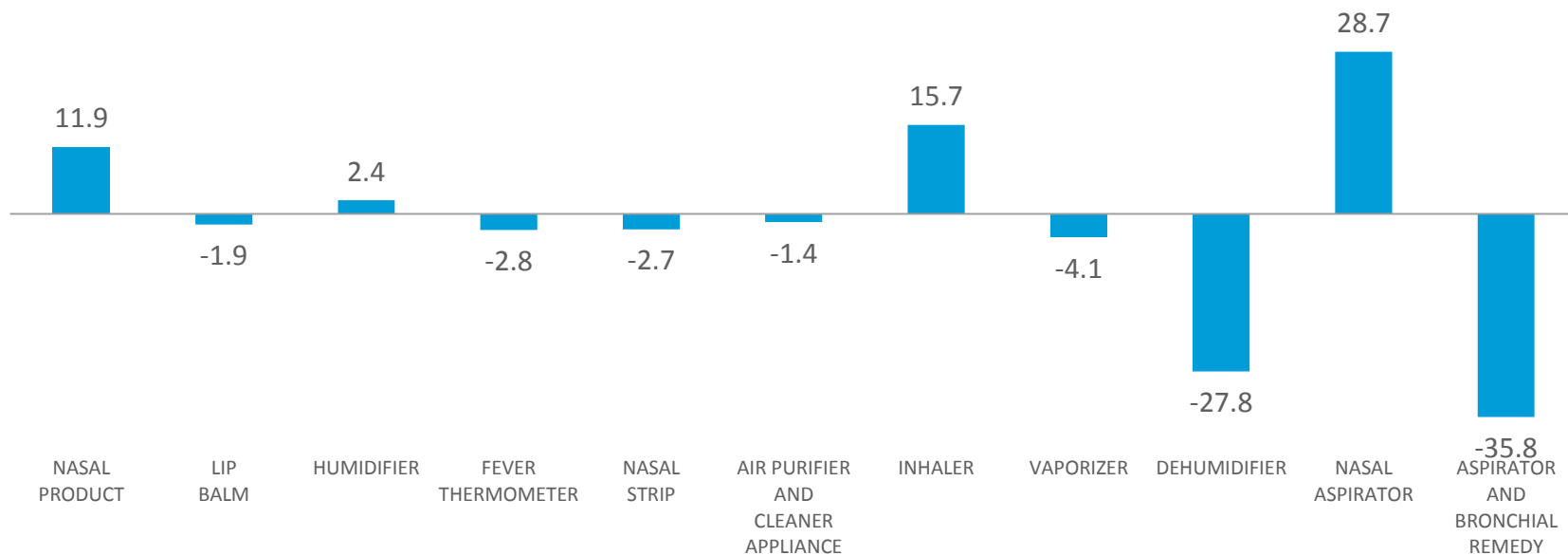
OTHER UPPER RESPIRATORY & PAIN RELIEF

ALMOST ALL SEGMENTS TREND DOWNWARD

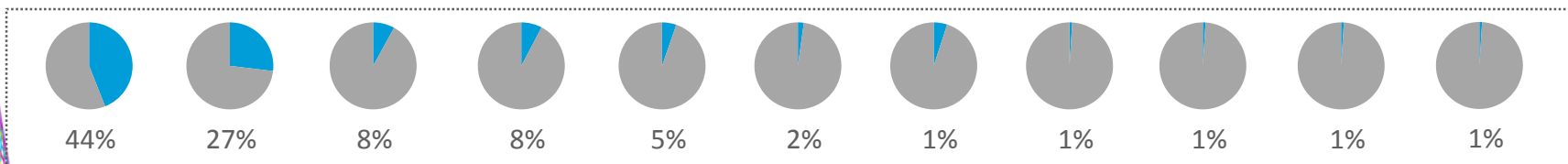
Nasal Product is the largest, Nasal Aspirator is the fastest growing



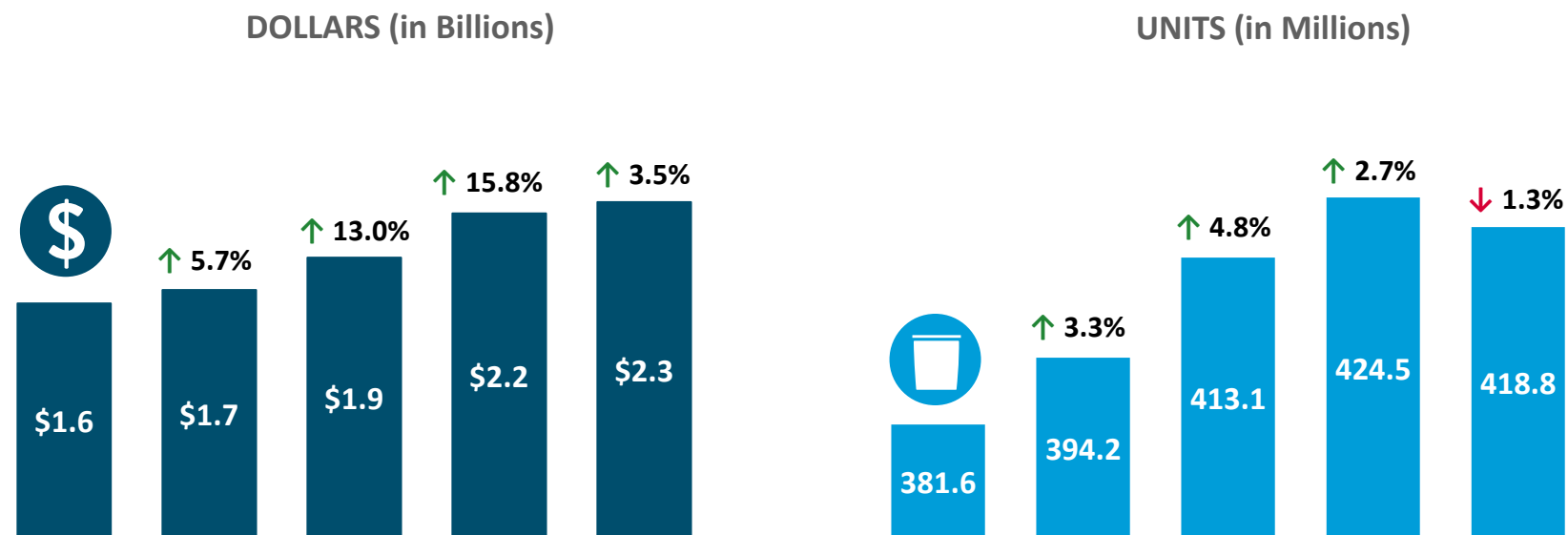
OTHER UPPER RESPIRATORY & PAIN RELIEF GROWTH & SHARE (\$2.3B, +3.5%)



DOLLAR SHARE OF OTHER UPPER RESPIRATORY & PAIN RELIEF:



UNIT TRENDS SOFTEN IN THE LATEST YEAR

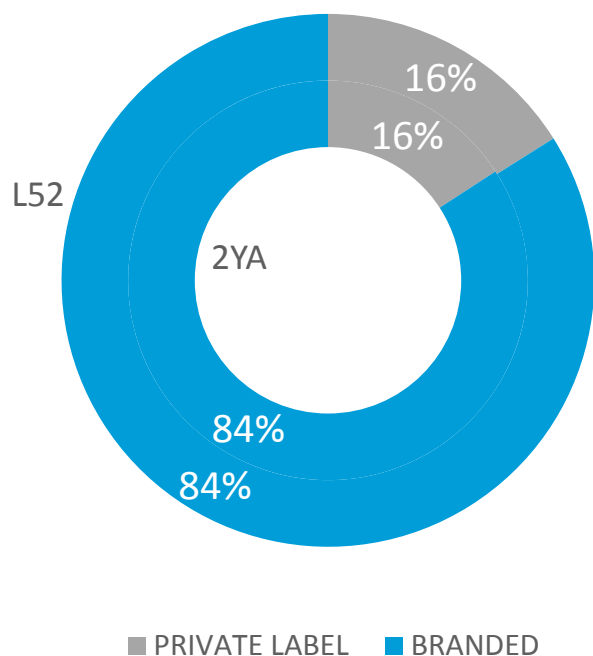


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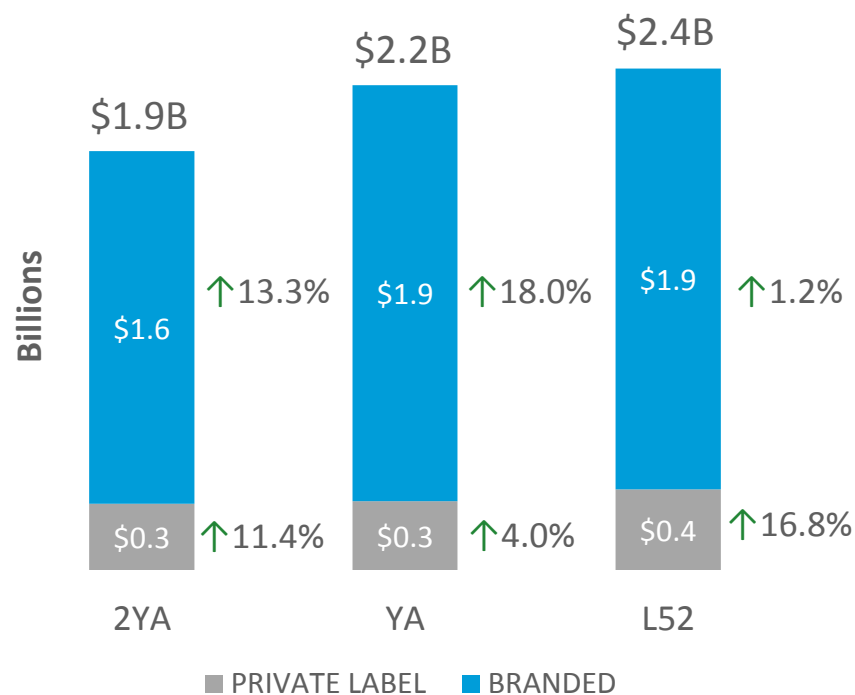
PRIVATE LABEL PICKS UP IN THE LATEST YEAR, WHILE BRANDED GROWTH SLOWS



OTHER U.R. & PAIN RELIEF DOLLAR SHARE



OTHER U.R. & PAIN RELIEF DOLLAR SALES TRENDS



CONSUMERS ARE PROFESSIONALS WITH HIGH INCOME



OTHER UPPER RESPIRATORY & PAIN RELIEF CONSUMER DEMOGRAPHIC INDICES



HOUSEHOLD COMPOSITION:

- Married Couples (121)
- 58% of Volume



INCOME:

- \$75,000+ (125)
- 45% of Volume



NUMBER OF PERSONS:

- 2-4 Person HH (112)
- 69% of Volume



NUMBER OF VEHICLES:

- 2-3+ (115)
- 66% of Volume



OCCUPATION:

- Professional/Admin/Management (120)
- 26% of Volume

507K NEW HOUSEHOLDS BUY OTHER U.R. & PAIN

Buying households spend more per trip when compared to year ago

OTHER UPPER RESPIRATORY & PAIN RELIEF - CONSUMER PURCHASING BEHAVIOR



PENETRATION

37.0% [+0.1%]
45,354 HHs* [+507 HHs]



BUYING RATE

\$12.16 [+\$0.10]
2.8 UNITS [-0.2 UNITS]



PURCHASE FREQUENCY

1.8 TRIPS [+0.0 TRIPS]



PURCHASE SIZE

\$6.63 [+\$0.18]
1.5 UNITS [-0.1 UNITS]

KEY TAKEAWAYS

DRIVING GROWTH IN DYNAMIC TIMES



**Stay connected
with winning
retailers &
categories**



**Determine
your role in
digital retailing &
digital shopping
engagements & act**



**Win the trip
through precision
marketing & sales
focused against
shoppers that
matter**



**Drive the
health & wellness
growth wave**



**Win the
occasion**

HEALTH & WELLNESS _____:



IS AN IMPORTANT GROWTH DRIVER



MATTERS ACROSS THE ENTIRE STORE



IS NOT A ONE-SIZE-FITS ALL



IS A TREND THAT IS HERE TO STAY



AN UNCOMMON SENSE
OF THE CONSUMER™

